Metro Health Hospital has a strong heritage of Osteopathic training programs which started in the early 1940’s. The Traditional Rotating Internship provides an excellent foundation for osteopathic physicians and Metro has a history of providing an excellent internship program with exposure to multiple residency programs.

In addition to our Statewide Campus System affiliation through MSU, we are also affiliated with the Grand Rapids Medical Education and Research Center for Health Professions (GR-MERC), which offers the opportunity to do rotations at other hospitals in the Grand Rapids area.

The intern curriculum is as follows:

- 2 Months of General Internal Medicine
- 2 months of General Surgery
- 1 month of ICU
- 1 month of Family Medicine
- 1 month of OB
- 1 month of Peds
- 1 month of Emergency Medicine
- 3 electives

The internship year provides for 3 electives, 2 of which are considered in-house electives, and 1 which is considered an out of house elective. Every effort is made to arrange the out of house elective during the typical interview months.

Medicine electives may be chosen from Endocrinology, Allergy/Immunology, Hematology/Oncology, Infectious Diseases, OMM, Nephrology, Pulmonology, Neurology, Rheumatology

Surgical electives may be picked from Urology, Podiatry, Orthopedics, Otohinolaryngology, Facial Plastic Surgery, Ophthalmology

Other Electives include Geriatrics, Sports Medicine, Occupational Medicine, Pain/Wound Management, Risk Management/Practice Management, Physical Medicine and Rehabilitation, Internal Medicine, Alternative Medicine

Interns participate in daily lectures, ICU rounds, tumor board, journal clubs, and OMM hands on sessions.

Interns who have a particular interest in a specialty may be assigned to a continuity clinic at the academic outpatient office at Metro Health Breton. This office features 15 exam rooms, 2 procedure rooms and an array of equipment for clinical procedures.

This continuity experience is not required, but allows the traditional interns to participate in outpatient care in an area of interest.

Medical Education Department
Program Director: Susan Sevensma, DO, FAODME.
Phone: (616) 252-7078
Email: medical_education@metrogr.org