

Metro Health Farm Market

Thursdays • 9 am - 2 pm | Metro Health Village

Harvest Calendar*

May

asparagus greens herbs peas potatoes rhubarb strawberries

June

asparagus blackberries greens peaches potatoes squash
beans cherries herbs peas rhubarb strawberries

July

beans blueberries cucumbers herbs peppers squash
beets cantaloupes eggplants nectarines potatoes strawberries
blackberries cherries greens peaches raspberries

August

apples beets cantaloupes greens peaches squash watermelons
pears blueberries cucumbers herbs peppers sweet corn
beans cabbage eggplants nectarines raspberries tomatoes

September

apples broccoli chestnuts herbs peppers raspberries sweet potatoes
beans cabbage eggplants peaches plums squash tomatoes
beets cantaloupes greens pears pumpkins sweet corn watermelon

October

apples beans cabbage greens plims squash tomatoes
pears broccoli chestnuts herbs pumpkins sweet potatoes watermelon

Available All Season

baked goods flowers & plants
canned foods & mixes hand-crafted items

* This schedule shows the typical Michigan crop harvest season; availability at the market cannot be guaranteed.